

Defence against All Illnesses

Read the following du'ā frequently

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْجُنُونِ وَالْجُدَامِ، وَالْبَرَصِ
وَسَائِرِ الْأَسْقَامِ (النسائي)

Translation: O Allāh! I seek refuge in You from insanity, leprosy, vitiligo (development of pale white patches on the skin) and from all types of malicious illnesses.

Note: The last part of the du'ā includes all types of illnesses and diseases.

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